total number of users which spent a time frame navigating through site

total number of times a page from the site was loaded onto a browser

Sessions: 550 (↑101% vs. Previous 30 Days)
Pageviews: 1,162 (↑119% vs. Previous 30 Days)
Avg. Session Duration: 39s (↑44% vs. Previous 30 Days)
Total Users: 312 (↑67% vs. Previous 30 Days)